

Fall 2025

The DAYO Digest

A Newsletter where Youth Sports & Community Come Together



SPEED & AGILITY

Sessions begin every July!

For info contact:
Jamell Scott
(607) 345-7866
Jamell.Scott02@gmail.com

LACROSSE

We're planning a fall clinic for younger grades —more info coming soon!

For info contact:
Richard Fournier

T-BALL

Season to ended October 11 with an enjoyable breakfast and trophy ceremony. Spring season will conclude at the DAYO picnic. Registration opens in June; Spring registration starts December 2025. Season runs April–June.

For more info:
Geneka Vickers
dayotball@gmail.com

FLAG FOOTBALL

- Next registration opens January 2026.
- Spots fill quickly, so register early.
- For updates, visit DAYOSports.com

For info contact:
Ryan Saunders
203-528-8630
DayoNFLflag@gmail.com

CHEER

Registration opens in January 2026. Cheer teams competed at Regionals. A Popcorn and Pink fundraiser was held in October. We look forward to the banquet in January 2026.

For more info contact:
Ali Reyes
at dayoalir@gmail.com
Marissa DaSilva
dasilvaclan4@outlook.com

TACKLE FOOTBALL

For the first time in years, all five teams reached the championships. Registration opens in January 2026. The Awards Banquet on January 31 will celebrate Steve Kaplanis' 20-year anniversary.

For more info contact:
Geneka Vickers
gvickdayo@gmail.com

Tackle Football & Cheer Banquet

**Join us on January 31, 2026,
from 6–10 PM at the Amber Room**
**Awards include perfect attendance,
All American Scholars, and outstanding performance.**
Register by December 31 for a free raffle ticket.
Payments can be made online, by mail, or in person.
All attendees must complete a form.



TRACK & FIELD

Lightning Indoor Track & Field starts November 17, 2025! Space is limited, so registration will close once we reach capacity. Sign in or create an account at www.dayosports.com to register.

We're preparing for an exciting season that will culminate in a special getaway weekend meet (details coming soon). To help fund this trip, we'll host a Run-A-Thon fundraiser. Registered athletes will receive their fundraising sheet on the first day of practice. This team effort will help offset costs and make the trip possible.

For questions, contact **Coach Parris** at **203-300-2472** or **dayolightning@gmail.com**

COACH'S LETTER

Why this matters: *This story shows the true impact of perseverance and the values DAYO instills—hard work, commitment, and growth beyond sports.*

I have been a proud member of the Danbury Athletic Youth Organization for over 40 years as a coach and board member. Over the years, I've seen countless athletes achieve things they never thought possible—on the field, in school, and into adulthood, including my own children.

DAYO has always focused on teamwork, sportsmanship, commitment, and a competitive spirit to help young athletes succeed in life. Our coaches dedicate their time and expertise to guide athletes toward improvement in every sport they pursue.

My granddaughter Sophia, now 8, started DAYO Track & Field three years ago. At first, she struggled to figure things out, but she never lost her enthusiasm. Last season, she set personal records, and last indoor track season, she won her first 400M race in Boston—beating her previous best by 10 seconds against older competitors.

Even more inspiring, Sophia recently turned a challenge into triumph outside of track. After jumping rope only four times in gym class, she asked for a rope to practice at home. Two weeks later, she retested and jumped 120 times! Her teacher was amazed, and so were we.

This is what DAYO is all about—teaching that hard work pays off, whether in sports or life. I'm proud to be her PA and look forward to many more accomplishments.

DAYO BOARD MEETINGS
are open to the public
on the third Thursday
of each month.

October 16, 2025
November 20, 2025
January 15, 2026



Contact: DayoInfo1@gmail.com
Website: DayoSports.com
Changes will be posted on the website as they arise.

Danbury Athletic Youth Organization is 100% volunteer-run, and we proudly serve 90% of Danbury families. Your support matters—join us and make a difference!